

The Emotional Toll of COVID-19

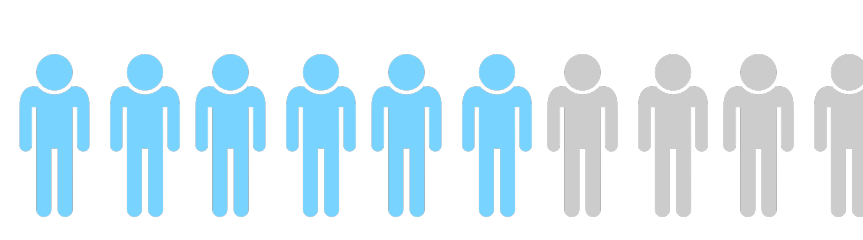
part of the Workforce Listening Series from Leading Indicator Systems

2 in 3 are struggling to work from home despite having the tools & resources to do their jobs

Why?

Overwhelming Worry

Increased stress has forced workers to ask themselves fundamental questions about the direction of their lives and to reassess what matters most.

60% 

Are very or extremely worried...

- About the health of family & friends
- About encountering contagious people
- About others not practicing social distancing
- That the worst is yet to come

70%

Are very or extremely worried...

- That the economy will re-open too quickly
- About the future of the economy
- About how long the crisis will last

40%

Are very or extremely worried...

- About the complete breakdown of society
- About their own mental health

33%

Are very or extremely worried...

- About having access to food and medicine
- About being able to take care of their family's needs

Dominant Negative Emotion: Trapped



Lack of Support

Life

High Risk for Mental Health Issues

50% 

Have increased the frequency of contacting their support network to reduce feelings of anxiety, depression, & loneliness

1 in 6

admits being vulnerable to an addiction to cope with the increased stress

1 in 8

live in emotionally unsupportive homes

1 in 10

have no support network whatsoever to turn to

Work

50% Feel disconnected from their team

1 in 4

Feel that their employer doesn't care about their well-being

1 in 4

Don't believe they have the essential tools and resources to do their jobs

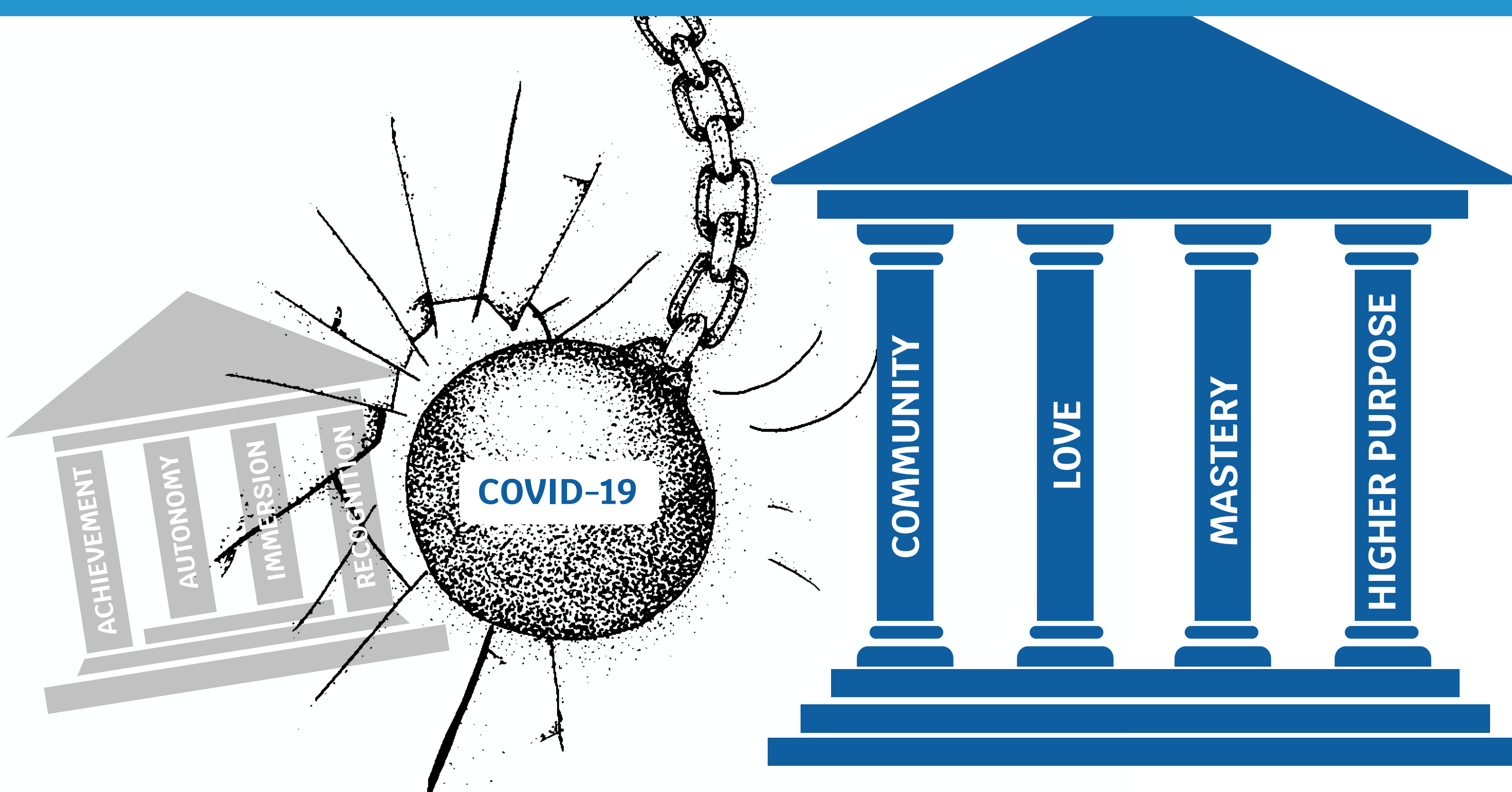
1 in 3

don't receive weekly expectations from their manager

1 in 3

haven't heard a vision from leadership for navigating the crisis

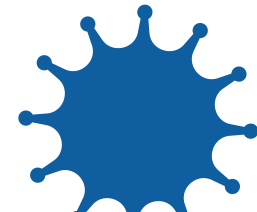
Changing Priorities



Changing priorities mean that crafting a return-to-office approach should address employees' new set of emotional needs



Signal genuine care about employee well-being



Provide best available safety procedures



Connect the work to a greater sense of corporate purpose



Vigilantly avoid any hint of selfish, unethical, or unjust corporate motives